

# Dr. SHIMA BEIGI



Institute for  
Advanced Studies



## SELECTED BOOK

“Mindful Smart Cities”  
VUB Press (October 2020)

## EDUCATIONAL BACKGROUND:

- **Ph.D. in Resilience of Complex Adaptive Systems** from the University of Bristol, UK (2011 – 2015). Thesis on “Mindfulness engineering: a theory of resilience for the VUCA (volatile, uncertain, complex, and ambiguous) world.”
- **MSc in Smart Cities** from the University of Oxford, UK (2015 – 2018).
- **MSc in Civil and Environmental Engineering** from the University of Bristol, UK (2009 – 2011).
- **BSc in Environmental Engineering** from Azad University of Tehran, Iran (2000 – 2005).

Dr. Shima Beigi is a resilience and smart cities expert with a robust academic background, including a Ph.D. in Resilience of Complex Adaptive Systems from the University of Bristol. Her work focuses on the integration of mindfulness into the framework of smart cities, aiming to enhance urban resilience and sustainability. Dr. Beigi is currently writing her second book, which delves into the future of AI and smart systems. She will continue her research and writing during her residency at UM6P’s Institute for Advanced Studies.

## RESIDENCY PERIOD

From April, 15<sup>th</sup> 2024  
to February, 15<sup>th</sup> 2025.